

Full Report (All Nutrients) 45134012, BANQUET - Boneless Buffalo Wings, UNPREPARED, GTIN: 00031000200022

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Report Date: May 26, 2017 12:45 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

| Nutrient                           | Unit | Data points | Std. Error | 2.0 Pieces (79g)<br>79g | 1<br>Value Per100 g |
|------------------------------------|------|-------------|------------|-------------------------|---------------------|
| Proximates                         |      |             |            |                         |                     |
| Energy                             | kcal | --          | --         | 170                     | 215                 |
| Protein                            | g    | --          | --         | 11.00                   | 13.92               |
| Carbohydrate, by difference        | g    | --          | --         | 12.00                   | 15.19               |
| Sugars, total                      | g    | --          | --         | 1.00                    | 1.27                |
| Minerals                           |      |             |            |                         |                     |
| Calcium, Ca                        | mg   | --          | --         | 0                       | 0                   |
| Iron, Fe                           | mg   | --          | --         | 0.72                    | 0.91                |
| Phosphorus, P                      | mg   | --          | --         | 200                     | 253                 |
| Potassium, K                       | mg   | --          | --         | 160                     | 203                 |
| Sodium, Na                         | mg   | --          | --         | 550                     | 696                 |
| Vitamins                           |      |             |            |                         |                     |
| Vitamin C, total ascorbic acid     | mg   | --          | --         | 0.0                     | 0.0                 |
| Vitamin A, IU                      | IU   | --          | --         | 300                     | 380                 |
| Lipids                             |      |             |            |                         |                     |
| Fatty acids, total saturated       | g    | --          | --         | 1.50                    | 1.90                |
| Fatty acids, total monounsaturated | g    | --          | --         | 2.50                    | 3.16                |
| Fatty acids, total polyunsaturated | g    | --          | --         | 3.50                    | 4.43                |
| Fatty acids, total trans           | g    | --          | --         | 0.00                    | 0.00                |
| Cholesterol                        | mg   | --          | --         | 25                      | 32                  |

Amino Acids

Other

Ingredients  
CHICKEN PATTIES: (Chicken Breast with Rib Meat, Water, Textured Soy Protein Concentrate, Sugar, Isolated Soy Protein With Less Than 2% Lecithin, Seasoning Blend [Salt, Sodium Tripolyphosphate, Natural Flavoring], Natural Mesquite Smoke Flavor) BREADER: (Enriched Bleached Wheat Flour [Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Yellow Corn Flour, Modified Corn Starch, Dextrose, Salt, Spices, Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate], Extractives Of Paprika) BATTER: (Water, Wheat Flour, Modified Corn Starch, Salt, Leavening [Sodium Acid Pyrophosphate,

Sodium Bicarbonate], Sodium Diacetate, Maltodextrin, Spice, Wheat Gluten, Onion Powder, Vinegar Solids, Extractives Of Paprika, Xanthan Gum, Spice Extractive) PREDUST: (Bleached Wheat Flour, Salt, Maltodextrin, Dextrose, Soybean Oil, Vinegar Solids, Yellow Corn Flour, Extractives of Paprika and Turmeric, Modified Corn Starch, Spice Extractives). Fried in Vegetable Oil. CONTAINS: SOY, WHEAT. *Date Last Updated by Company: 09/08/2016*